

RIDING FOR THE DISABLED ASSOCIATION OF SINGAPORE

5 JALAN MASHHOR, RDA CENTRE SINGAPORE 299174

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Winner of "Charity Transparency Award 2017, 2018 & 2019"



WE RIDE ON YOUR SUPPORT

We would like to invite you to support the movie screening of:

MOVIE: AVATAR THE WAY OF WATER

DATE: 15 DECEMBER 2020 (THURSDAY)

TIME: 6.45PM (TBC, TICKETS CAN BE COLLECTED FROM 6.00PM)

CINEMA: GOLDEN VILLAGE - PLAZA SINGAPURA, 68 ORCHARD ROAD #07-01 S(238839)

For every donation of \$60*, we are offering 1 complimentary ticket (including soft-drink and pop-corn) to watch James Cameron's Avatar the Way of Water

*eligible for 2.5 times tax-deduction

ABOUT RDA SINGAPORE

Riding for the Disabled Association of Singapore is the only local registered charity which provides Therapeutic Horse-Riding and Equine-Assisted Activities for persons with disabilities, **100% FREE OF CHARGE**. Our therapy horses and ponies provide a tool for the purpose of contributing positively to the cognitive, physical, emotional and social well-being of individuals with special needs, in a *non-clinical setting*, that is fun and effective, helping the beneficiaries to function better in school/at work, at home and general daily activities, and ultimately helping to improve the quality of life for the beneficiaries and their families.

We are targeting to raise an additional \$60,000 - fund the costs of running our program, maintaining the facilities and the upkeep of our therapy horses. Please donate generously so that we can continue to provide, expand and enhance our free therapy for children and adults with disabilities. The **DONATION FORM** is attached, your support will in many ways, help to give hope and transform lives of persons with disabilities. Thank you.

For enquiry, please contact RDA Community Partnership Executive, Karen Lim @ Tel: 62500176 or email: karenlim@rdasingapore.org.sg.

INSPIRING HOPE & IMPROVING LIVES OF PERSONS WITH DISABILITIES PLEASE SUPPORT OUR Q4 FUND-RAISING APPEAL & MOVIE SCREENING





"Activities involving directing the horse, on the ground, beside, or astride the horse, can build empowerment and self-efficacy. Relationship-building activities such as grooming and groundwork activities have been associated with building self-awareness and well-being."

~ STUDY CONDUCTED BY RESEARCHERS AT COLORADO STATE UNIVERSITY

ABOUT RDA SINGAPORE

Riding for the Disabled Association of Singapore is the only local registered charity which provides Therapeutic Horse-Riding and Equine-Assisted Activities for persons with disabilities, **100% FREE OF CHARGE**. From an initial five riders in 1982, presently more than 100 beneficiaries attend therapeutic sessions at RDA Singapore each week. Over the years, we have seen RDA beneficiaries advancing beyond therapeutic riding to competing in local, regional and international competitions, even the *Paralympics!*

BENEFITS OF RDA PROGRAMS

We work with virtually all types of disabilities, with children and adults. Our therapy horses provide a tool for physical and cognitive improvement, in a unique non-clinical setting that is fun and effective, helping the beneficiaries to function better in school/at work, at home and general daily activities, and ultimately helping to improve the quality of life for the beneficiaries and their families.

- More than 90% of our beneficiaries achieved improvement in their physical-motor functioning
- More than 90% of our beneficiaries achieved improvement in their psycho-social functioning
- More than 90% of parents, caregivers, teachers & therapists rated our program beneficial

INSPIRING HOPE & IMPROVING LIVES - YOU CAN SUPPORT RDA SINGAPORE BY:

- SUPPORTING OUR Q4 APPEAL (AND JOINING US FOR THE MOVIE SCREENING)
- SUPPORTING OUR Q4 APPEAL (AND SPONSORING RDA BENEFICIARIES TO WATCH THE MOVIE)
- GIVING A DIRECT DONATION TO RDA SINGAPORE
- SPONSORING A BATCH OF 12 SPECIAL NEEDS BENEFICIARIES
- SPONSORING THE UPKEEP OF ONE OF RDA'S THERAPY HORSES
- ADOPTING RDA SINGAPORE FOR YOUR CHARITY EVENT (E.G. RDA @THE RACES LUNCHEON, WALK/RUN, ETC.)









IN RIDING A HORSE WE BORROW FREEDOM

RDA Singapore's therapy horses and ponies play a huge role in providing the unique therapeutic horse-riding program for children and adults with disabilities.

Horses provide a tool for physical therapy & cognitive improvement in a unique format that is fun and exhilarating. Besides the physical benefits derived from the horse riding program, the contact with the animal is a powerful experience, and the strong bond that can be formed often has a profound and uplifting effect.

As a charity, we need your help to sponsor their yearly upkeep, food, health (medical and dental) and other associated costs. We ride on your support. Thank you

SPONSOR A RDA THERAPY HORSE/PONY @ \$12,000 PER YEAR





She has been able to socialise better which has increased her self esteem and confidence in herself



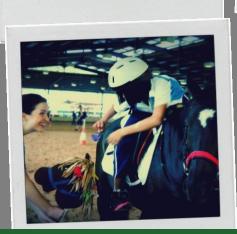
<u>RDA RIDERS</u> SPONSORSHIP

Sponsor a batch of 12 Riders (x 10 sessions) @ \$12,000



His communication skills improved and he's able to express himself better after RDA therapy program









Riding has developed his trunk control, core and balance, all the while keeping a big smile on his face



Every year, some 20 SPED schools & VWOs ride with RDA Singapore. Riders profile ranges from persons with intellectual, cognitive and/or physical disabilities.

Each batch consists of 12 riders with special needs who undergo a 10 weeks of horse-riding therapy with RDA. We provide our therapy free of charge to these riders, we do not charge the schools / VWOs nor do we receive any direct funding from any government ministry.

We need your help so that RDA could continue to provide, expand and enhance our therapy program for children & adults with disabilities. We ride on your support. Thank you.

INSPIRING HOPE & IMPROVING LIVES OF PERSONS WITH DISABILITIES PLEASE SUPPORT OUR Q4 FUND-RAISING APPEAL & MOVIE SCREENING

Please mail the completed form by post or email to : karenlim@rdasingapore.org.sg before <u>09 Dec 2022</u>

* Please \(\sigma \) or delete as appropriate. Thank you.

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A. Q4 APPEAL & MOVIE SCREENING SPONSORSHIP* - eligible for 2.5 times tax-deduction				
□ DONATE & WATCH THE MOVIE* Every donation of \$60, we are offering complimentary ticket for a participal (including soft-drink and pop-corn)	g 1 E	☐ SPONSOR RDA BENEFICIARIES * Every donation of \$60, we are offering 1 complimentary ticket (including soft-drink and pop-corn) to RDA Beneficiaries		
I/We would like to donate: □ \$6,000 as a GOLD SPONSOR to sponsor 100 □ beneficiaries □ participants □ \$3,000 as a SILVER SPONSOR to sponsor 50 □ beneficiaries □ participants □ \$1,500 (25pax) □ \$1,200 (20pax) □ \$600 (10pax) □ \$60 x pax = \$				
B. DIRECT DONATION & SPONSORSHIP * - eligible for 2.5 times tax-deduction				
☐ DIAMOND SPONSOR: \$20,000		☐ PLATINUM SPONSOR: \$	\$15,000	
We / I would like to make a direct donation of * □ \$12,000 going towards: (i) RIDER. □ \$8,000 □ \$5,000 □ \$2,000 □ \$1	S SPO	NSORSHIP / (ii) HORSE SPO	ONSORSHIP	
	Amovie2 tion by ch		legi⊘ing.sge	
C. DONOR'S INFORMATION - for ever	ent liaiso	n & tax-deduction purpose		
Donor's Name:				
Donor's UEN / FIN / NRIC		Contact no.:		
Email:				
Address:				
Contact Person: (for corporate supporter)		Designation:		
• I fully understand and agree that the personal information which I have provided may be disclosed to relevant government				

agencies for tax deduction and/or reporting purposes. I trust that the information will strictly be used for the purpose stated.

• I agree for RDA Singapore to contact me about any future RDA Singapore's events or activities.

Thank You! We Ride on Your Support!





Fold along this line

Affix Stamp Here

Riding for the Disabled Association of Singapore

No. 5 Jalan Mashhor RDA Centre Singapore 299174

Fold along this line

Staple the sides or seal the sides with tape

DO NOT USE GLUE

Please remember to:

- Cross your cheque
- Please make the cheque payable to RDA SINGAPORE
- Please remember to write your name, NRIC/FIN/UEN and contact details on the back of the cheque