



RIDING FOR THE DISABLED ASSOCIATION OF SINGAPORE

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Winner of "Charity Transparency Award for 2017, 2018 & 2019"

LET'S WALK TOGETHER, TOWARDS A MORE INCLUSIVE COMMUNITY PLEASE SUPPORT RDA SINGAPORE "VIRTUAL" WALK-A-WHEELATHON

Riding for the Disabled Association of Singapore (RDA) is the only local charity which provides therapeutic horse-riding and equine-assisted activities for children & adults with disabilities, **100% FREE OF CHARGE**.

Leonard Lu has hydrocephaly which affects his speech and movement. When he first joined RDA's programme, he could not walk. However he is now able to walk with some support or walking aid.

*"Leonard has improved a lot from RDA's program, especially his mobility. It has helped him with his trunk control and now he is able to walk with support."
Johnny Lu (Leonard's dad)*



With the COVID-19 pandemic, while we could not walk together in person this year - we can still walk together in heart and spirit - with RDA beneficiaries and their families, as well as participants from our partner SPED schools and charity organisations in RDA's **"VIRTUAL" WALK-A-WHEELATHON**.

1. 2.. 3... WALK ON ! TOGETHER, TOWARDS A MORE INCLUSIVE COMMUNITY

In the last quarter of 2021, let's embark on a 3.9 km 'virtual' Walk in celebration of RDA's 39th Anniversary.

1. Support this event by donating & participating in the "virtual" Walk and/or sponsoring beneficiaries to participate. Participants could complete the 3.9km any time, at their own pace and space.
2. Rally your colleagues, families and friends to participate in the Walk (*while observing prevailing safe management measures*). Each participant will receive an event T-shirt & bib plus goodie bag.
3. Clock the 3.9km with your distance/steps counter app, snap a photo in the event T-shirt & bib plus distance/steps completed, post the photo on your Facebook and social media, tag us @RDAsgp with the hashtag #TogetherTowardsAMoreInclusiveCommunity. *Lucky participants could win fun prizes!*

INSPIRING HOPE & IMPROVING LIVES – PLEASE SUPPORT RDA SINGAPORE BY:

- DONATING & PARTICIPATING IN THE WALK
- SPONSORING BENEFICIARIES FOR THE EVENT
- GIVING A DIRECT DONATION TO RDA SINGAPORE
- SPONSORING A BATCH OF 12 SPECIAL NEEDS BENEFICIARIES
- SPONSORING THE UPKEEP OF ONE OF RDA'S THERAPY HORSES

The *DONATION FORM* is attached - we look forward to your generous support. The funds raised will go towards RDA's operations, service expansion and new program for persons with disabilities. Thank you.

LET'S WALK TOGETHER, TOWARDS A MORE INCLUSIVE COMMUNITY PLEASE SUPPORT RDA SINGAPORE "VIRTUAL" WALK-A-WHEELATHON



ABOUT RDA SINGAPORE

Riding for the Disabled Association of Singapore (RDA) is the only local registered charity which provides therapeutic horse-riding and equine-assisted activities for persons with disabilities, **100% FREE OF CHARGE**. From an initial five riders in 1982, presently more than 100 beneficiaries attend therapeutic sessions at RDA Singapore each week. Over the years, we have seen RDA beneficiaries advancing beyond therapeutic riding to competing in local, regional and international competitions, even the *Paralympics*!

BENEFITS OF RDA PROGRAMS

We work with virtually all types of disabilities, with children and adults. Our therapy horses provide a tool for physical and cognitive improvement, in a unique non-clinical setting that is fun and effective, helping the beneficiaries to function better in school/at work, at home and general daily activities, and ultimately helping to improve the quality of life for the beneficiaries and their families.

- More than **90%** of our beneficiaries achieved improvement in their physical-motor functioning
- More than **90%** of our beneficiaries achieved improvement in their psycho-social functioning
- More than **90%** of parents, caregivers, teachers & therapists rated our program beneficial

PLEASE SUPPORT RDA SINGAPORE

We ride on your support - RDA Singapore does not receive direct funding from any government ministry and is dependent largely on the generosity of organisations, corporations, and individuals, to provide, expand and enhance our free therapeutic horse-riding & equine-assisted activities programs for children and adults with disabilities. Your support will in many ways, give our special needs beneficiaries hope and help them live a better quality of life. Thank you.



*TO RIDE A HORSE IS
TO FLY WITHOUT WINGS*



*IN RIDING A HORSE
WE BORROW FREEDOM*



RDA Singapore's therapy horses and ponies play a huge role in providing the unique therapeutic horse-riding program for children and adults with disabilities.

Horses provide a tool for physical therapy & cognitive improvement in a unique format that is fun and exhilarating. Besides the physical benefits derived from the horse riding program, the contact with the animal is a powerful experience, and the strong bond that can be formed often has a profound and uplifting effect.

As a charity, we need your help to sponsor their yearly upkeep, food, health (medical and dental) and other associated costs. We ride on your support. Thank you

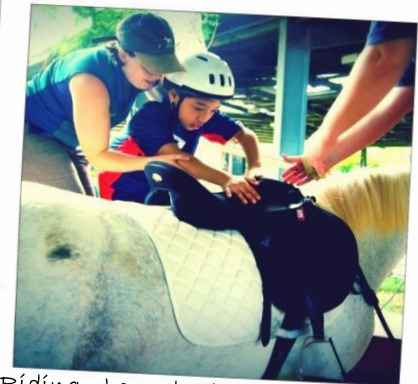
***SPONSOR A
RDA THERAPY
HORSE/PONY
@ \$12,000
PER YEAR***



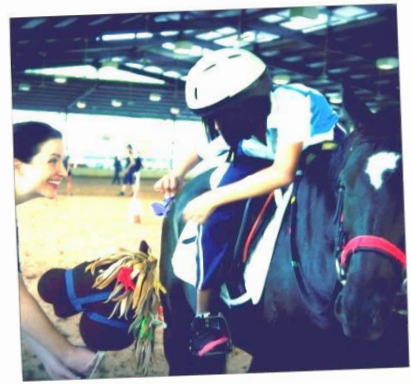
His communication skills improved and he's able to express himself better after RDA program



She has been able to socialise better which has increased her self esteem and confidence in herself



Riding has developed his trunk control, core and balance, all the while keeping a big smile on his face



RDA RIDERS SPONSORSHIP

Sponsor a batch
of 12 Riders
(x 10 sessions)
@ \$12,000

Every year, some 20 batches of riders from various SPED schools & VWOs ride with RDA Singapore.

Each batch consists of 12 riders with special needs who undergo a 10 weeks of therapeutic horse-riding program with RDA. We provide our therapy free of charge to these riders, we do not charge the schools / VWOs nor do we receive any direct funding from any government ministry.

We need your help so that RDA could continue to provide, expand and enhance our programs for children & adults with disabilities. We ride on your support. Thank you.

LET'S WALK TOGETHER, TOWARDS A MORE INCLUSIVE COMMUNITY PLEASE SUPPORT RDA SINGAPORE "VIRTUAL" WALK-A-WHEELATHON

Please mail the completed form by post or email to : karenlim@rdasingapore.org.sg before **11 October 2021**

* Please ✓ or delete as appropriate. Thank you.

A. "VIRTUAL" WALK-A-WHEELATHON SPONSORSHIP * - eligible for 2.5 times tax-deduction

PARTICIPATE IN THE WALK *

Every donation of \$50 would sponsor up to 2pax for the Walk (inclusive event T-Shirts / Goodie Bags)

- GOLD SPONSOR: \$5,000** (200 participants)
 SILVER SPONSOR: \$2,500 (100 participants)
 \$1,000 (40 pax) **\$500** (20 pax)
 \$25 X _____ pax = \$ _____

SPONSOR RDA BENEFICIARIES *

Every donation of \$50 would sponsor up to 2pax for the Walk (inclusive event T-Shirts / Goodie Bags)

- GOLD SPONSOR: \$5,000** (200 beneficiaries)
 SILVER SPONSOR: \$2,500 (100 beneficiaries)
 \$1,000 (40 pax) **\$500** (20 pax)
 \$25 X _____ pax = \$ _____

B. DIRECT DONATION & SPONSORSHIP * - eligible for 2.5 times tax-deduction

- DIAMOND SPONSOR: \$20,000** **PLATINUM SPONSOR: \$10,000**
 \$12,000 going towards: (i) **RIDERS SPONSORSHIP** / (ii) **HORSE SPONSORSHIP**
 \$5,000 **\$3,000** **\$2,000** **\$1,000** **\$500** **Other Amount: _____**

Donation by Cheque, please made payable to: **RDA SINGAPORE**

Donation via Credit Card: <https://bit.ly/rdavirtualwalk2021>

C. IN-KIND DONATION & OTHER SUPPORT *

IN-KIND DONATION: item for the Goodie Bags (min. 500 pcs as we are expecting >1,000pax)

Item: _____ Quantity: _____

D. DONOR'S INFORMATION - for event liaison & tax-deduction purpose

Donor's Name:

Donor's UEN / FIN / NRIC No:

Address:

Contact Person: (for corporate supporter)

Designation:

Email & Contact no.:

Thank You! We Ride on Your Support!



Fold along this line

Affix
Stamp
Here

Riding for the Disabled Association of Singapore

No. 5 Jalan Mashhor

RDA Centre

Singapore 299174

Fold along this line

Please remember to:

- Cross your cheque
- Please make the cheque payable to **RDA SINGAPORE**
- Please remember to write your name, NRIC/FIN/UEN and contact details on the back of the cheque

DO NOT USE GLUE

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Staple the sides or seal the sides with tape

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